



September 1 & 2, 2007



### Laurie Andrews

Jackson, WY  
100 Mile Participant

Thank you for putting on an exceptional event! **This race stands out on so many fronts - your outstanding team of volunteers, a breathtaking course, and your attention to every detail - just to name a few.** I am so grateful this was my first 100 because you made it a wonderful experience for me and my family and friends. Cheers to you and your whole team!



### Lori Bantekas

Jackson, WY  
100 Mile Participant

So now, I have to climb my stairs using both my hands and my sad legs. And I can't wait to walk upright again or wear shoes. But it was all worth it and part of all of our success go to the many volunteers, aid station workers and friends and family who cheered us on, doctored us, mothered us and pushed us out of the aid stations, especially when we didn't want to continue. Thanks to Zach, Jay and Lisa, who were there every time we came through main and finally at the finish. **Doing my first 100 in my hometown with my friends and track buddies will be an incredible lifetime memory.** Thanks to everyone.



### Mike Ehredt

Driggs, ID  
100 Mile Participant

Jay, Lisa, Zach and your Amazing Staff,  
Thanks so much for a wonderful weekend and a wonderful event. It could not have been done any better. **I look forward to next year and to more people participating in such a Great Race in the Tetons!!**

Mike Ehredt



### **Mike Evans**

Driggs, ID  
100 Mile Participant

Hi everybody! What a great weekend, huh? **I was very excited to do my first 100 in my backyard and what a weekend it was!** I couldn't have done it without your help, Lisa! I owe you a lot! Hope to see you all soon again!



### **Dusty Hardman**

Driggs, ID  
50 Mile Participant

A big thank you for such a great event!

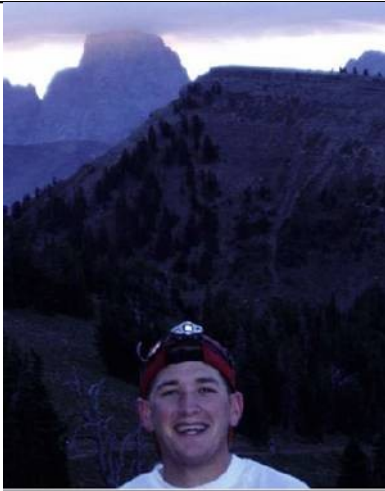
Last year it was a great first marathon, this year it was an awesome first ultra! The aid stations couldn't have been better; your crew at the aid stations was terrific. I felt kind of guilty getting the leg rub from you Lisa, you had so much to do and so much going on that I can't believe you could take the time to give me a leg rub! Thank you. I loved the way I'd approach the aid station and someone would shout, "What do you need?!" **You guys absolutely know how to throw a race that makes everyone feel special.**



### **Clem Izurieta**

Ft. Collins, CO  
100 Mile Participant

To the entire crew and volunteers of the Grand Teton Race weekend, a big thanks for putting on a great series of races. **We had a fantastic time, especially because of the personal attention that we (and every runner) got.** It really showed that you cared how we did in the race. I especially wanted to say thanks to Dr. Naomi (Sklar). At mile 45 I thought I was done and she brought me back to finish strong and within my goal. This was my first 100 and it was huge for me to finish. I will never forget licking salt off my hands... It was awful.



### **“Sherpa” John Lacroix**

**Newmarket, NH**  
100 Mile Participant

The course was marked to perfection...I think a few of us could have run it with our eyes closed. Jay Batchen, Zach and Lisa Smith-Batchen are top-notch race directors.

Everything was perfect. Fully stocked aid stations, mental support, everything. **If there was ever a 100 miler to run again and again, this is it.**



### **Nattu Natraj**

**Lafayette, CO**  
Pacer for 100 Mile Participant

Just wanted to send a quick e-mail to congratulate you, Jay and Zach on putting on a great race. **The Grand Teton Races keep getting better every year** and I am sure after this year there are going to be lots of people signing up next year.



### **Chris Palizza**

**Valley Cottage, NY**  
100 Mile Participant

Hey Lisa,

I just wanted to thank you, Jay, and the incredible volunteers for organizing an amazing event this weekend. As my first 100, it's going to be hard to find another event that compares with the GT100. **From the brutal course, to the motivated volunteers, to the incredibly well-organized and efficient operation that you and Jay oversaw - thank you!** I hope this event continues on for many, many years.



**Tony Portera**  
White Plains, NY  
100 Mile Participant

Thank you guys so very much for an absolutely spectacular and amazing weekend in the Grand Tetons.

**I can say without question that this weekend was one the best experiences of my entire 36-years on this earth, and that this race was the most enjoyable that I have participated in.** The volunteers were amazing. The event was flawless. Runners couldn't have asked for more. You guys really put on a fantastic event !

I am so drained and tired, and my feet are killing me, but, I am so sad that this weekend has come and gone. I wish we could have stayed forever. Book my spot in the race for next year, I'll be back!



**Olga Varlamova**  
Portland, OR  
Volunteer Extraordinaire

**Just back from Teton races...it is not a race, it's an EVENT of a LIFETIME!!!** While I couldn't run it, Lisa and Jay Batchen asked me to come and volunteer, and it was the most unforgettable experience ever! The organization was so top-notch, it beat WS100 by a huge margin - and they are only in their 3rd year of running!

Next year come in any capacity and enjoy a greatest family atmosphere you can ever imagine (pool and kids fun provided, along with lots of love from everyone involved) - I know I will be there every year from now on, and it doesn't matter whether I run, crew, help out or hang out, I am sticking with this one.



**Ira Zaroff**  
Sayville, NY  
100 Mile Participant

**I wanted to let you know how grateful I am for all of the support you gave me this weekend.** While my race didn't go quite as well as I had hoped, I'm thrilled that I left Wyoming with 100 miles in the bag. You guys have left a lasting impression on me and have truly been inspirational. If I may be so brave to speak for my wife (which is not always advisable!), I believe Caren left this weekend equally inspired. I'm looking forward to seeing you at future events and rooting you on through your upcoming endeavors.